the VEGETABLE dis-PATCH

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North Carolina

N.C. says Tesla can't sell cars at Charlotte-area store

The North Carolina Department of Motor Vehicles has denied Tesla Motors' application to sell its electric cars at a new store near Charlotte.

State law says automakers can't sell their cars directly to consumers, unless they get an exception and show it's in the public interest. That's what Tesla tried to do. But nearby dealers objected. So did the state auto dealers association

South Carolina

SC to forgive $12 million in loans to SC State

S.C. State University will not have to pay back $12 million in loans from the state that the school used to pay its overdue bills, state budget writers agreed Friday.

The move helps clear the way for the state's only public historically black university to save its accreditation, which has been on probation for two years.

S.C. State's accreditors — the Southern Association of Colleges and Schools — will decide next month whether to remove the school from probation

Porcupine 2.0 replaces sculpture stolen from jetport

Maine

The donated work comes with a security upgrade, as it is now affixed to a large chunk of granite.

The porcupine sculpture that was swiped from the driveway of the Portland International Jetport has been replaced with a new, cuter version, featuring a full-grown mama porcupine with a baby in tow.

Porcupine 2.0 comes with a security upgrade, too: a large chunk of granite, onto which both spiny likenesses are sturdily affixed, meaning anyone who might have plans to abscond with the new sculptures better bring a front-end loader.

Pennsylvania

Hotline opens as more raids on immigrant families expected

As the Obama administration gears up for a priority crackdown on immigrants — mainly women and children from Central America — who have entered the U.S. illegally since 2014, the New Sanctuary Movement of Philadelphia has set up a 24-hour hotline for tips about immigration enforcement raids, and "rapid response" teams to rally around those who are arrested.

Drawn from the 19 congregations and faith-based groups that make up NSM, the teams plan to show up at raids, hold prayer vigils, and film the arrests "so more people will understand what happens when [Immigration and Customs Enforcement] tears apart families," said Father John Olenick, pastor of Visitation BVM Church in North Philadelphia, where the initiative, "Sanctuary in the Streets," was announced this week.

Missouri

Ex-police chief in East St. Louis tried to get paid for hours he didn't work at MetroLink, charge say

A former East St. Louis police chief was arrested last week and charged with seeking pay for hours he didn't work at his job as a Metrolink security guard.

Charging documents say that Michael Floore, 52, of Swansea, knowingly sought pay for hours on seven different days that he didn't work with the Bi-State Development Agency as a Metrolink security guard in East St. Louis.

Oregon

Governor Kate Brown extends cease-and-desist order against Bullseye Glass

Following an apparent stall in negotiations, Oregon Gov. Kate Brown on Friday extended the state's cease-and-desist order prohibiting Southeast Portland's Bullseye Glass from using toxic metals in furnaces without pollution controls.

Brown initially issued an order May 19, hours after the state received test results showing unsafe lead levels in the air at the Children's Creative Learning Center, a nearby daycare. Bullseye burns lead in some of its furnaces to make glass.

Oregon's environmental and health regulatory agencies asked Brown to extend the order because the previous risks continued to exist, the state said in a news release. The order, which had been slated to expire Sunday, will last until June 8 but could be rescinded early if an agreement is reached.

Oklahoma

Oklahoma House passes $6.78 billion budget, Legislature adjourns for year

The Oklahoma House of Representatives on Friday passed and sent to the governor a $6.78 billion budget that will cut overall state spending by 5 percent in the fiscal year starting July 1.

The House later joined the Senate in adjourning for the year. The next legislative session begins in February.

Gov. Mary Fallin is expected to sign the budget bill next week. It calls for cuts of 11 percent to public safety, 15.9 percent to higher education and 4 percent to the Department of Human Services, while generally preserving funding for common education, Corrections and the Oklahoma Health Care Authority.

State officials say some agencies will reduce public services and colleges will likely increase tuition

I'M JUST SAYIN'

By Michael Soares

A recent scene played out in front of me that made me remember something my grandfather once told me. He said, "What separated man from apes was our evolution forward with opposable thumbs." No really, it's apparently got some truth to it. Something about the "prehensile thumb" being associated with Homo habilis, the forerunner of Homo sapiens. Anyway, not important.

What is important is the scene that played out. Okay, so I'm in a restaurant and 10 people from a group of 14 have shown up on time, only to be left waiting for the remaining 4 people in their group (now I have to point out here that these were all young people in their 20's).

So, with extra time on their hands (pun intended), they all pulled out their cell phones and start texting. With concentration on their brows and heads bowed down, to my best guess, they were answering all the woes of the world in this brief moment of time allotted to them to "talk amongst yourselves." Or maybe "talk with yourselves." You get my point.

After a few minutes of this time well (or poorly) spent, one of the people they are waiting for shows up at the large table and sits down. AND NOT ONE HEAD ROSE IN RECOGNTION.

Not one!

But have no fear, because once settled in, guest number 11 pulled out her cell phone and texted all of them, with a message that probably said something like, "WhatsApp, I'm here now."

And this is when the magic happened, when past (my grandfather's shared trivia) meets present. In response to this message, the rest of the table looked up, gave a sort of head nod to the young woman and with one notable exception, went back to saving the world again. The notable exception brought it all full circle for me.

He actually "grunted" to guest number 11 before putting his head back down.

Yes, grunted. Twice. Like an ape. So much for those prehensile thumbs, huh?

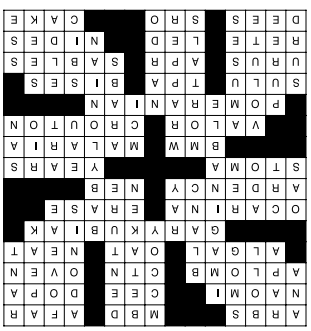
And for that reason (well not that reason exactly, but good enough for today), we are launching the Vegetable dis-Patch. Because unlike staring at your phone or tablet, reading a newspaper makes you raise your head up so you can see other people that walk in. And it even makes you more open to having people come up to you to say hello.

In fact, we believe it helps create "society." It gives you and the person you are sitting with a common element to look at. It stops you both from going down an internet rabbit hole just because you can. It may even make you say to that person, "Hey, look at the story about the squirrel on page 5."

We hope those reasons are good enough for you to regularly pick up the Vegetable dis-Patch, either here or at one of the 32 neighborhood edificios we plan to start dropping it off at twice a week. But if not, keep this in mind.

Best of all, with the Vegetable dis-Patch, you'll still get to use your thumbs when you read.

PUZZLE SOLUTION



Canadian News

Nova Scotia



#HaliCop photo now trending as internet meme

A simple photo of a Halifax police officer sitting on the sidewalk with a street busker that swept the internet Friday has been given extended life as an internet meme.

By Friday evening, the hashtag #HaliCop was trending on Twitter with the photo of Const. Shawn Currie photoshopped into various locations and situations.

The original photo has been shared hundreds of times since being posted and prompted the discussion about police interacting with people on a human level

Quebec

Daoust opens door to pilot project, but sends Uber back to the drawing board

Transport Minister Jacques Daoust said he is open to sitting down with Uber in the next few days to discuss a potential pilot project, provided the ride-sharing company forces its drivers to acquire Class 4C driver's licences and taxi permits.

Daoust basically rejected the proposal Uber presented this week to create a parallel system for ride-sharing companies, where they wouldn't have to adhere to the existing system of taxi permits, but would pay operating fees to the government.

On Friday, he gave the company until the beginning of next week to come up with a new plan.

Ontario

Ontario vows to help foster kids after scathing report

Ontario is promising to improve standards of care for nearly 16,000 young people in foster and group homes, youth justice facilities and mental health residential treatment following a scathing report from an expert panel.

he report focuses on a scattered system with no common standards of care for the children or set qualifications for staff who look after them in institutions that "need significant security controls" because of gangs and peer-to-peer violence.

Alberta

Edmonton Arena Corp. and City of Edmonton sue Rogers Place architects for $4.7 million

The Edmonton Arena Corp. and the City of Edmonton have filed a $4.7-million lawsuit against the architects who designed Rogers Place.

A statement of claim filed earlier this month on behalf of the partners behind the nearly completed downtown arena alleges more than two dozen errors and omissions in the design by HOK Architects Corp. and 360 Architecture, a firm purchased by HOK. The architecture firm is known for designing sports facilities such as the Columbus Nationwide Arena.

Manitoba

Pending MTS sale brings to light decades-old 'tax break'

The pending sale of MTS provides a narrow window of opportunity for the City of Winnipeg to re-examine a de facto tax break enjoyed by the telecommunications company.

But neither Winnipeg Mayor Brian Bowman nor Manitoba Premier Brian Pallister are seriously considering any changes to a decades-old arrangement, which sees MTS pay less than $10,000 a year in property taxes for its distribution system

National & World News

Honolulu

Scientists stun ned by deep-water discovery of world's largest sponge

The sea creature, about as big as a minivan, raises questions about what else lives thousands of feet below the ocean's surface.

Researchers in Hawaii have been absorbed by a sea creature they discovered last summer, and their findings are pretty big.

The team of scientists on a deep-sea expedition in the waters off Hawaii discovered what they say is the world's largest known sponge.

The creature, roughly the size of a minivan, was discovered about 7,000 feet down in a marine conservation area off the shores of the Northwestern Hawaiian Islands. The rare sponge, with a bluish-white color and brain-like appearance, stunned scientists when it appeared in the remote cameras attached to their underwater rover.

Berlin

Key building blocks of life found in comet

The evidence supports the theory that some chemicals for life may have come to Earth from outer space

Scientists have found further evidence supporting the theory that some of the building blocks for life may have come to Earth from outer space.

Using instruments aboard the European space probe Rosetta, researchers detected glycine and phosphorus in the dusty halo around a comet.

Glycine is an amino acid, one of the molecules needed to make proteins, while phosphorus is essential for DNA and cells.

Their presence in the coma enveloping comet 67P/Churyumov-Gerasimenko "supports the idea that comets delivered key molecules for prebiotic chemistry throughout the solar system and, in particular, to the early Earth," according to the study published online Friday by the journal Science Advances.

Argentina

Argentine star Messi leaves Honduras match with back injury



Argentine soccer superstar Lionel Messi left the field with a back injury in the second half of a 1-0 victory over Honduras in a friendly Friday night.

The Argentine team captain and Barcelona star was hit on an apparently inconsequential play and immediately went to the locker room. He was replaced at the 62-minute mark by Sevilla midfielder Ever Banega and never returned to the field.

United States

Trump tells California 'there is no drought'

Presumptive Republican presidential nominee Donald Trump told California voters Friday that he can solve their water crisis, declaring, "There is no drought."

California is, in fact, in midst of a drought. Last year capped the state's driest four-year period in its history, with record low rainfall and snow.

Speaking at a rally in Fresno, Calif., Trump accused state officials of denying water to Central Valley farmers so they can send it out to sea "to protect a certain kind of three-inch fish."

"We're going to solve your water problem. You have a water problem that is so insane. It is so ridiculous where they're taking the water and shoving it out to sea," Trump said at a rally that drew thousands.

Strange NEWS

Squirrel with no hind legs does 'handstand' run

A man walking his dog stumbled upon a bizarre sight -- a squirrel with no hind legs or tail doing a "handstand" run across a neighbor's driveway.

The video, posted to YouTube by user Ian T, shows the squirrel balancing on its front legs to run across a neighbor's driveway and into some bushes.

"It apparently was born with no hind legs or tail and now gets around by dong a handstand and walking on its front legs. Funky stuff," the uploader wrote.

'Running of the Goats' turns baaad when animals go on the lam

A Kentucky town's first annual "Running of the Goats" turned into "Goats on the Run" when a group of the animals made a 24-hour dash for freedom.

Seven of the "Goebel Goats," named for Goebel Park, where they are employed as a lawn control measure, were due to run from the Covington Farmer's Market to their home at the park Saturday for the inaugural "Running of the Goats" event.

However, the event took a turn for the farcical about 1:15 p.m. when a number of goats -- variously reported as five or six -- jumped over one of the barriers meant to keep them on the route and went on a mad dash through town.

Plane makes emergency crash-landing on California rooftop

A single-engine plane in California lost power in mid-flight and the pilot was able to make an emergency crash landing -- on the roof of a building. The California Highway Patrol and the Los Angeles



County Fire Department said drivers in Pomona called 911 about 4:45 p.m. Sunday to report that a plane appeared to be preparing to crash near the 10 and 57 freeways.

The pilot was able to steer the plane, which had been headed for Brackett Airfield when it lost power, toward a rooftop for an emergency crash-landing.

Colombian skydivers play real-life Quidditch during free-fall

A group of skydivers in Colombia took Harry Potter fandom to new heights when they jumped out of a plane for a quick round of high-altitude Quidditch.

The fictional sport, which has become a ground-based real sport, involves wizards and witches flying on brooms, and the skydivers simulated the game by exchanging flight for free-fall.

The video, posted to YouTube by telecom firm ETB, shows the skydivers riding their brooms as they race to reach an inflatable quaffle, one of the balls used in Quidditch.

One of the players grabs hold of the quaffle and throws it through a hoop held by teammates, scoring points for his team.

The skydivers then deploy their parachutes and declare the exhibition over, with nary a golden snitch in sight.



Eating right can improve quality of life

Legend states that on April 2, 1513, Spanish explorer Juan Ponce de Le—n was the first European to discover modern-day Florida when he traveled on a quest for the mythical ÒFountain of Youth.Ó While modern science has proven that there is no mystical fountain or body of water that can reverse or slow down the aging process, there are many steps people can take to age well and prolong their lives.

Eating the right foods is one way to age well. According to Ralph Felder, M.D., Ph.D., coauthor of ÒThe Bonus Years Diet,Ó reversing the aging process internally is more difficult than outward cosmetic changes. But the right foods can go a long way toward increasing both life expectancy and quality of life. Those who want to employ diet to increase their life expectancy may want to start adding more of the following foods to their breakfast, lunch and dinner plates.

• Broccoli, grapes and salad: According to Health magazine, researchers have found that compounds in these three foods boast extra life-extending benefits.

• Berries: In addition to their abundance of antioxidants, berries have other benefits. A 2012 study from Harvard University found that at least one serving of blueberries or two servings of strawberries each week may reduce the risk of cognitive decline in older adults.

• Fruits and vegetables: Produce is good for the body because itÕs low in calories and high in fiber, vitamins and other nutrients. Numerous studies have indicated that diets plentiful in fruits and vegetables help people maintain a healthy weight and protect against cardiovascular disease.

• Whole grains: Whole grains pack a lot of nutrition into a low-calorie food. Whole grains help protect against type 2 diabetes, and researchers at the University of Texas Health Sciences Center found study participants whose diets included plenty of whole grains and fruit cut their heart disease risk by almost half compared to those whose diets favored meat and fatty foods.

• Red wine: A glass a day for women and no more than two glasses daily for men can be beneficial. Moderate consumption of red wine has been shown to slow age-related declines in cardiovascular function, according to the American Heart Association.

• Fiber: Increase your fiber intake for a longer life. Research from The American Journal of Clinical Nutrition finds that the more fiber you include in your diet, the lower your risk of coronary heart disease. The daily recommendation is 25 to 35 grams.

While there may be no such thing as the fountain of youth, a healthy diet can help men and women prolong their lives.



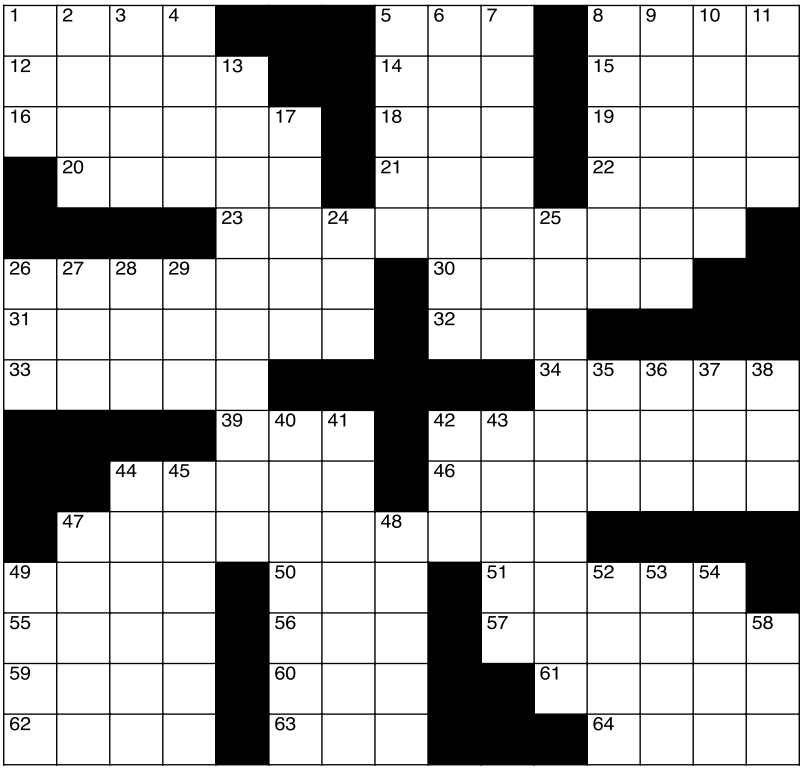
PUZZLE PAGE

CLUES ACROSS

1. Businessmen
5. Million barrels per day (abbr.)
8. From a distance
12. Ruth's mother-in-law
14. Performer __ Lo Green
15. Drug for Parkinson's disease, L-__
16. Composure
18. Broadcasts cartoons (abbr.)
19. Used for baking or drying
20. About alga
21. Food grain
22. Not messy
23. Super Bowl-winning Bronco
26. Egg-shaped wind instrument
30. Get rid of
31. Being enthusiastic
32. A bird's beak
33. Pores in a leaf
34. Time of life
39. Yuppie status symbol
42. Parasitic fever
44. Gallantry
46. Put this in soup
47. Small dog
49. Malay people
50. Third-party access
51. North winds
55. Peruvian mountain
56. Annual percentage rate
57. Mourning garments
59. Network of nerves
60. Guided
61. Nests of pheasants
62. DJ Rick
63. No seats available
64. Patty

CLUES DOWN

1. Tennis player Ivanovic
2. __ Nui, Easter Island
3. Cotton pod
4. Air pollution
5. The real __, the genuine article
6. Taken to
7. Holds artificial teeth
8. Greek mythical figure
9. Small depressions in the retina
10. Vertical position
11. Shout at length
13. Conceivable
17. White (French)
24. Singer Charles
25. Ancient Mesopotamian
26. Canada and the U.S. are members
27. Cognitive retention therapy
28. Much __ About Nothing
29. Georgia rockers
35. Cologne
36. The products of human creativity
37. Brazilian city (slang)
38. Honorific title in Japan
40. They can die
41. Candy is inside this
42. Verizon bought them
43. Semites
44. Marine mollusk
45. Entertains
47. Made of crushed fruit or vegetables
48. Town in Apulia, Italy
49. Unresolved root or sum of roots
52. Invests in little enterprises
53. Spanish city
54. Search
58. Midway between south and southeast



Answers to the crossword puzzle are on the bottom of page 2. Enjoy!

This Day in History

- June 1st, 1967 - Sgt. Pepper's Lonely Hearts Club Band Released By The Beatles
- June 2nd, 1953 - Queen Elizabeth II is formally crowned as The Queen in England
- June 3rd, 1937 - Former King OF England King Edward VIII marries Wallis Warfield Simpson, the American divorcee
- June 4th, 1919 - The 19th Amendment to the U.S. Constitution, guaranteeing women the right to vote , passed by Congress
- June 5th, 1967 - Six-Day War in the Middle East War begins when Israel launches simultaneous attacks against Egypt and Syria
- June 6th, 1933 - The first drive in movie theater is opened in Camden, NJ
- June 7th, 2002 - Department of Homeland Security Announced
- June 8th, 1968 - Dr. Martin Luther King, Jr Last Speech Before Assassinated
- June 9th, 1973 - Secretariat horse racing's first Triple Crown Winner
- June 10th, 1940 - Italy declares war on France and Great Britain
- June 11th, 1979 - Film star John Wayne , also known as the "Duke," died of cancer
- June 12th 1964 - The leader of the African National Congress (ANC) in South Africa, Nelson Mandela, is jailed for life for sabotage
- June 13th, 1991 - Boris Yeltsin wins first Russian elections for Russia's first popularly-elected president
- June 14th, 1942 - Anne Frank began her diary after she receives it for her 13th birthday
- June 15th, 1904 - The General Slocum, burst into flames on New York's East River with the loss of over 1000 lives
- June 16th, 1967 - Jimi Hendrix at the Monterey International Pop Music Festival
- June 17th, 1885 - The French gift to the United States "The Statue of Liberty" arrives in New York City aboard the French ship Isere
- June 18th, 2000 - Tiger Woods wins the 100th US Open at Pebble Beach, California winning by an unheard of 15 strokes
- June 19th, 1953 - Julius and Ethel Rosenberg are executed at Sing Sing Prison

NEW LOCATION OPENING JUNE 1, 2016

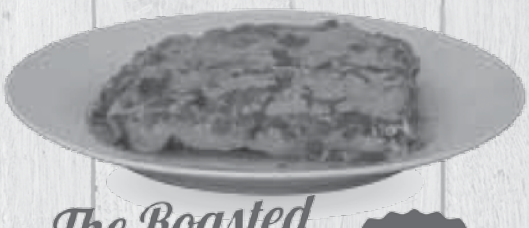
Paseo 3 de Noviembre y Jacaranda (antes Hotel Oro Verde)

SERVING BREAKFAST, LUNCH & DINNER

WITH A NEW, DELICIOUS & HEALTHY DINNER MENU!



Call-Me-a-Flower Pizza $7.95



The Roasted Lasagna $8.95



The Sweet PQ Veggie Burger $7.95



The Great Rollatini $8.95

Here, at the Vegetable Bar, our goal is to bring you the freshest, healthiest food you can find.
We buy local fruits and vegetables,
wash them by hand, prepare them and refrigerate them each and every day.
So, here is our guarantee to you:

- We'll buy fresh
- We'll serve fresh
- We'll make sure we get the healthiest ingredients we can find

Because we know that eating healthy means living healthy
And that's what we want to help you do eachand every day!



Local 1
Paseo 3 de Noviembre 2-40

Hours:
8:00am-3:00pm

Local 2
Paseo 3 de Noviembre y Jacaranda
(antes Hotel Oro Verde)

Hours:
7:00am-8:30pm



www.thevegetablebar.com